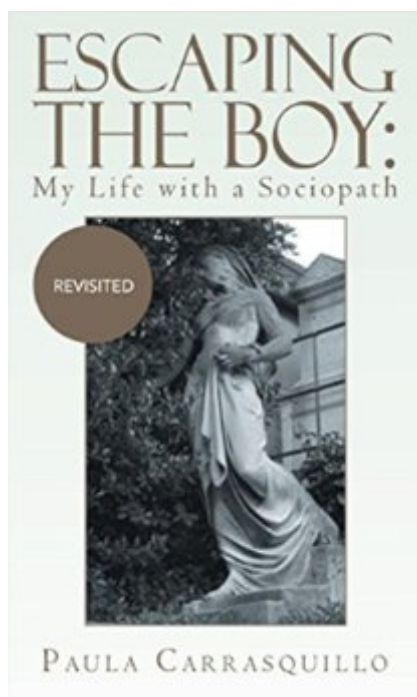


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# Escaping The Boy: My Life With A Sociopath



## Synopsis

One of the least diagnosed members of the population is also one of the most destructive: the narcissistic sociopath. There is nothing romantic or advantageous about being a sociopath and having no conscience. Sociopaths are good at going unnoticed by the rest of us because, unfortunately, they are good at pretending (lying) and wearing many masks (again, lying). Simply put, they lie to themselves and everyone else. They lie so much that some of them are convinced of their own lies, which is where evil is born. I am no psychologist, psychiatrist, or counselor. However, I have lived alongside a sociopath and feel the need to share, even if in a tale-like fiction setting, how I understand the psychopathology that insidiously penetrated my body, mind, and spirit until I was nearly convinced that I was the evil one. How? Projection, transference, and control, that's how. This biographical story describes the evolution of the boy, the epitome of a narcissistic sociopath. Chronicled are his many abuses against his friends, girlfriends, fiancées, wives, family members, and the nature of humanity itself. Is it possible to break free from such a person unscathed? Is it possible to beat such a person at his own game? Can good triumph over evil? Will the boy ever understand what he is? Or is it up to the rest of us just to stay out of the way of narcissistic sociopaths? Awareness is at the heart of the story. Awareness brings power and strength. Readers will walk away from this story wondering if the person who is hurting them is a narcissistic sociopath too. (It's very possible. Do you want to take the chance of never knowing?) The Resources page of this publication provides a list of recommended websites, organizations, and other books to help improve, increase, and foster each reader's growing awareness of narcissists, sociopaths, and their connection to domestic violence and abuse. Knowing you are not alone in your struggle to deal with such evil is the first step in purging your life of that evil. Paula Carrasquillo May 2012

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Biographical

## Customer Reviews

Having read (or at least started to read) several books on the subject of narcissism, borderline personality disorder, etc, I felt that something major was missing. In most books, the author will characterize both the abuser (because oftentimes these books are about people with BPD or NPD and so forth who abuse and mistreat their partners and not those who actively work at changing but I digress) and the survivor in incredibly cliché and stereotypical ways. The abuser gives a honeymoon period followed by a big list of DSM-identified behaviors that aren't good and the victim stays for predictable reasons. There is little variation or validation for those who are in more unusual situations than those. I purchased this book thinking it might be different. It was advertised as a first-hand account of a survivor who dated a very abusive man. While I sympathize with the author's experiences, the writing style really put me off. The protagonist made no real effort during the book to figure out why "the Boy" behaved the way he did or to find answers to her troubles. She does not really analyze why she was with this man or what compelled her to stay beyond "he gave me the honeymoon period and then things went bad" ie: the generic party line of "why co-dependents stay." There was no indication that the woman in the story had previously exhibited characteristics of a co-dependent. Her ex-husband was described as a fairly healthy, stable man, and she seemed to be on good terms with her family. It was only this one man, the Boy, who had ever manipulated her in the way that a narcissist or a sociopath would. From there, it's hard for me to conclude that co-dependence or learned helplessness kept her in that relationship. I would be fine with that if another reason were provided.

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